

Handcrafted Sandwiches

Beyond Fresh!



BAKERY  CAFE
Bread. The way it *ought* to be.

Fresh FROM THE CAFE Menu

2018



ORDER AHEAD

We'll have it ready for you!

(303) 716-0905

Payment to be made at time of order. We gladly accept Visa, Discover, Mastercard, and American Express.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

11068 W Jewell Ave. Lakewood, CO 80232
Kipling & Jewell, Safeway Plaza
(303) 716-0905

www.GreatHarvestLakewoodCo.com
M - F: 6:30A - P & 6:30, Sat: 6:30A - 5:30P

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SANDWICHES

Fresh made with simple ingredients.

Baja Chipotle Turkey

290/580 cal. \$5.50/\$7.95

A Chipotle honey lime yogurt sauce, avocado, sliced turkey breast layered with pepper jack cheese, shaved cabbage, pickled red onions, tomato, and salt & pepper.

Curried Chicken Salad

354/708 cal. \$5.50/\$7.95

White meat chicken fused with red grapes, toasted walnuts, red onions, cilantro and a mild dose of curry with lettuce, tomatoes, onion, and salt & pepper.

Harvest Veggie with Hummus

263/526 cal. \$5.50/\$7.95

Housemade hummus, raspberry wasabi mustard, feta cheese, shredded carrots, cucumbers, pickled red onions, tomatoes, lettuce, salt & pepper.

The Salami Slammer

393/785 cal. \$5.50/\$7.95

Raspberry wasabi mustard, mayo, genoa salami, provolone cheese, cucumbers, pickled red onions, banana peppers, tomatoes, lettuce, oil & balsamic vinegar and salt & pepper.

Pepper Blue Roast Beef

263/526 cal. \$5.50/\$7.95

Housemade Blue Cheese Spread, Roast Beef, Red Onion, Tomato, Lettuce, Salt & Pepper.

Roasted Turkey Call

331/662 cal. \$5.50/\$7.95

Housemade Cranberry Horseradish sauce, mayo, sliced roasted turkey, provolone cheese, red onion, tomatoes, lettuce and salt & pepper.

Classic Ham & Cheese

329/658 cal. \$5.50/\$7.95

Dijon mustard, mayo, sliced ham, your choice of cheese, red onion, tomatoes, lettuce.

PB & J

570 cal. \$3.50

Creamy Peanut Butter & Jelly.

Design Your Own

Pick your own meat, cheese, and fixings.

Design Your Own

600-800 cal. \$5.50/\$7.95

MEATS: Turkey, Ham, Roast Beef, or Salami

CHEESE: Cheddar, Provolone, Pepper Jack, Swiss, Feta

VEGGIES: Lettuce, Tomatoes, Red Onions, Marinated Red Onions, Banana Pepper Rings, Shredded Carrots, Cucumbers, Avocado, Hummus

FIXINGS: Mayo, Fat Free Mayo, Dijon Mustard, Raspberry Wasabi Mustard, Cranberry Horseradish, Blue Cheese Spread, or Olive Oil & Balsamic Vinegar.

Brown Bag Special

542-720 cal. \$2.50

Choose a fresh cookie and an apple or chips.

Kids Sandwiches

Age 12 and under only please.

Kid's Sandwich

474-570 cal. \$3.50

Turkey and Cheese, Ham and Cheese, or PB & J. Your choice of veggies and fixings.

Ask about our Specials & Combos!

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