



**BAKERY CAFE**  
Bread. The way it *ought* to be.

**100% DELICIOUS**  
*Welcome to the bakery cafe!*



**Sandwiches • Salads • & More!**

We bake our bread from scratch daily to ensure phenomenal flavor and health benefits, use high quality meat, house-made sauces & dressing, and fresh vegetables.

**DESIGN YOUR OWN**  
*Create your own fresh-made sandwich.*



570-865 cal. ....

**MEATS**  
Your choice of turkey, ham, roast beef, or salami.

**CHEESE**  
Your choice of Provolone, Cheddar, Pepper Jack, Swiss, Feta, or Blue Cheese Spread.

**ADD YOUR VEGGIES**  
Lettuce, Tomato, Onion, Pickled Red Onion, Banana Peppers, Carrots, Cucumbers, or Cabbage.

**Add Avocado:**

**SPREADS**  
Mayo, Dijon Mustard, Raspberry Wasabi Mustard, Cranberry Horseradish, Olive Oil & Balsamic Vinegar, Hummus, or Chipotle Lime Yogurt Sauce.

**SIGNATURE SANDWICHES**

*Fresh made with simple ingredients.*

**Baja Chipotle Turkey**  
620 cal. ....  
Turkey breast layered with shaved cabbage, pickled red onions, tomato, avocado, pepper jack cheese, a chipotle honey lime yogurt sauce, and salt & pepper mix. Fresh made on Honey Whole Wheat bread.



**Curry Chicken Salad**  
708 cal. ....  
White meat chicken fused with red grapes, toasted walnuts, red onions, cilantro, and a mild dose of curry, served with lettuce. Fresh made on Honey Whole Wheat Bread.



**Harvest Veggie**  
526 cal. ....  
Roasted sesame, sunflower, and pumpkin seeds puréed with chickpeas in a healthy, protein packed hummus spread served on Honey Whole Wheat bread. Includes feta cheese, cucumbers, carrots, lettuce, tomato, onion, and salt & pepper.



**Salami Slammer**  
785 cal. ....  
Raspberry Wasabi Mustard, Mayo, Genoa salami, provolone cheese, cucumbers, tomatoes, pickled red onions, banana peppers, lettuce, and olive oil & balsamic vinegar. Fresh made on Honey Whole Wheat Bread.



**Cali Cobb**  
550 Cal. ....  
Sliced turkey breast, fresh avocado, and crispy bacon, with blue cheese spread, lettuce, tomato, and onion. Fresh made on Honey Whole Wheat Bread.



2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

**SEE THE OTHER SIDE FOR MORE SANDWICHES, SALADS, AND MORE!**





**Roasted Turkey Call**

662 Cal.....  
House made cranberry horseradish sauce, mayo, sliced roasted turkey, provolone, onion, tomato, and lettuce. Fresh made on Honey Whole Wheat Bread.



**Pepper Blue Roast Beef**

626 Cal.....  
House made blue cheese spread, roast beef, onion, tomato, and lettuce. Fresh made on Honey Whole Wheat Bread.

**BEYOND FRESH SALADS**  
*The greatest thing since sliced bread!*



**Fresh Seasons**

370 cal.....  
Mixed greens, sliced almonds, sunflower seeds, crumbled cheese, and seasonal fresh fruit and our house-made balsamic vinaigrette. Add Quinoa \$1.00.



**Mexicali**

290 cal.....  
Mixed greens, sliced turkey breast, fresh avocado, shaved cabbage, cherry tomatoes, red onion, black beans, tortilla chips, and our delicious house-made chipotle honey lime yogurt dressing.

**HOT OFF THE GRILL**

*Get it hot, get it fresh, get it now!*

**Turkey Melt**

642 cal.....  
Sliced turkey breast loaded with a blue cheese spread, melted cheddar & provolone, lettuce, tomato, and onion. Fresh made on HoneyWhole Wheat Bread.



**Cubano**

580 cal. ....  
Roast beef layered with melted Swiss, raspberry wasabi mustard, mayo, onion, and banana peppers. Fresh made on Honey Whole Wheat Bread.



**BLT**

510 cal. ....  
Crispy bacon, mayo, lettuce, tomato, salt & pepper. Fresh made on Honey Whole Wheat Bread.



**Club Supreme**

806 cal. ....  
Sliced turkey breast, roast beef, bacon, melted Swiss, blue cheese spread, tomato, and banana peppers. Fresh made on Honey Whole Wheat Bread.



**KIDS MENU**

- PB & J** 360 Cal.....
- Grilled Cheese** 545 Cal.....
- Turkey & Cheddar** 440 Cal.....
- Ham & Cheddar** 385 Cal.....

**DRINKS** *Specialty drinks are in the cooler.*

**Fountain Drinks**

- Small 12 oz 5-160 cal. ....
- Large 16 oz 5-205 cal. ....

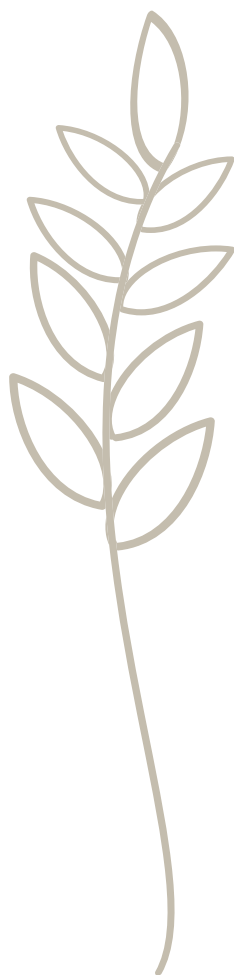
**Bottled Beverages**

- Water-Juice .....
- Can Drinks .....

**COMBOS** *Make it a meal.*

**Brown Bag - Pick Two: Chips, Drink, Cookie, or Twist.** 348-560 cal. ....

**Big Bag - Pick Two: Chips, Drink, Muffin, Bar, or Scone.** 390-621 cal. ....



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