



BAKERY CAFE
Bread. The way it *ought* to be.

100% DELICIOUS
Welcome to the bakery cafe!



Sandwiches • Salads • & More!

We bake our bread from scratch daily to ensure phenomenal flavor and health benefits, use high quality meat, house-made sauces & dressing, and fresh vegetables.

DESIGN YOUR OWN
Create your own fresh-made sandwich.



570-865 cal. \$7.95

MEATS
Your choice of turkey, ham, roast beef, or salami.

CHEESE
Your choice of Provolone, Cheddar, Pepper Jack, Swiss, Feta, or Blue Cheese Spread.

ADD YOUR VEGGIES
Lettuce, Tomato, Onion, Pickled Red Onion, Banana Peppers, Carrots, Cucumbers, or Cabbage.

Add Avocado: \$0.75

SPREADS
Mayo, Dijon Mustard, Raspberry Wasabi Mustard, Cranberry Horseradish, Olive Oil & Balsamic Vinegar, Hummus, or Chipotle Lime Yogurt Sauce.

SIGNATURE SANDWICHES

Fresh made with simple ingredients.

Baja Chipotle Turkey
620 cal. \$7.95
Turkey breast layered with shaved cabbage, pickled red onions, tomato, avocado, pepper jack cheese, a chipotle honey lime yogurt sauce, and salt & pepper mix. Fresh made on Honey Whole Wheat bread.



Curry Chicken Salad
708 cal. \$7.95
White meat chicken fused with red grapes, toasted walnuts, red onions, cilantro, and a mild dose of curry, served with lettuce. Fresh made on Honey Whole Wheat Bread.



Harvest Veggie
526 cal. \$7.95
Roasted sesame, sunflower, and pumpkin seeds puréed with chickpeas in a healthy, protein packed hummus spread served on Honey Whole Wheat bread. Includes feta cheese, cucumbers, carrots, lettuce, tomato, onion, and salt & pepper.



Salami Slammer
785 cal. \$7.95
Raspberry Wasabi Mustard, Mayo, Genoa salami, provolone cheese, cucumbers, tomatoes, pickled red onions, banana peppers, lettuce, and olive oil & balsamic vinegar. Fresh made on Honey Whole Wheat Bread.



Cali Cobb
550 Cal. \$7.95
Sliced turkey breast, fresh avocado, and crispy bacon, with blue cheese spread, lettuce, tomato, and onion. Fresh made on Honey Whole Wheat Bread.



2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

SEE THE OTHER SIDE FOR MORE SANDWICHES, SALADS, AND MORE!



Roasted Turkey Call

662 Cal.....\$7.95
House made cranberry horseradish sauce, mayo, sliced roasted turkey, provolone, onion, tomato, and lettuce. Fresh made on Honey Whole Wheat Bread.



Pepper Blue Roast Beef

626 Cal.....\$7.95
House made blue cheese spread, roast beef, onion, tomato, and lettuce. Fresh made on Honey Whole Wheat Bread.

BEYOND FRESH SALADS
The greatest thing since sliced bread!



Fresh Seasons

370 cal..... \$7.95
Mixed greens, sliced almonds, sunflower seeds, crumbled cheese, and seasonal fresh fruit and our house-made balsamic vinaigrette. Add Quinoa \$1.00.



Mexicali

290 cal..... \$7.95
Mixed greens, sliced turkey breast, fresh avocado, shaved cabbage, cherry tomatoes, red onion, black beans, tortilla chips, and our delicious house-made chipotle honey lime yogurt dressing. Add Quinoa \$1.00.

HOT OFF THE GRILL

Get it hot, get it fresh, get it now!

Turkey Melt

642 cal.....\$8.95
Sliced turkey breast loaded with a blue cheese spread, melted cheddar & provolone, lettuce, tomato, and onion. Fresh made on HoneyWhole Wheat Bread.



Cubano

580 cal. \$8.95
Roast beef layered with melted Swiss, raspberry wasabi mustard, mayo, onion, and banana peppers. Fresh made on Honey Whole Wheat Bread.



BLT

510 cal. \$8.95
Crispy bacon, mayo, lettuce, tomato, salt & pepper. Fresh made on Honey Whole Wheat Bread.



Club Supreme

806 cal. \$8.95
Sliced turkey breast, roast beef, bacon, melted Swiss, blue cheese spread, tomato, and banana peppers. Fresh made on Honey Whole Wheat Bread.



KIDS MENU

PB & J 360 Cal.....\$3.50
Grilled Cheese 545 Cal.....\$3.50
Turkey & Cheddar 440 Cal.....\$3.50
Ham & Cheddar 385 Cal.....\$3.50

DRINKS *Specialty drinks are in the cooler.*

Fountain Drinks

Small 12 oz 5-160 cal. \$1.50
Large 16 oz 5-205 cal. \$1.95

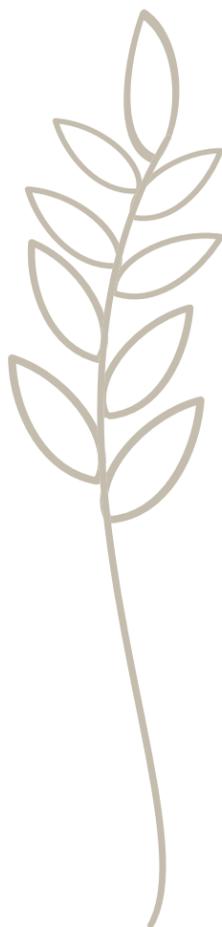
Bottled Beverages

Water-Juice \$1.50-\$2.50
Can Drinks 1.50

COMBOS *Make it a meal.*

Brown Bag - Pick Two: Chips, Drink, Cookie, or Twist. 348-560 cal. \$2.50

Big Bag - Pick Two: Chips, Drink, Muffin, Bar, or Scone. 390-621 cal. \$3.00



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